

Caledon Citizen

Covering all of Caledon
Distributed throughout the
Town of Caledon, the Citizen
is published every Thursday in the year
by Caledon Publishing Ltd.
Copyright Caledon Citizen 2008

Owned and Operated by
Caledon Publishing Limited

25 Queen Street, North,
Bolton L7E 1C1

Phone: 905-857-6626
Toll Free: 1-888-557-6626
Fax: 905-857-6363
www.caledoncitizen.com

Publisher:

BRUCE R. HAIRE

Editorial

Managing Editor

BILL REA

editor@caledoncitizen.com

Reporters

Jonathan Yaneff

j.yanef@caledoncitizen.com

Anneleen Naudts

a.naudts@kingsentinel.com

Advertising

Director of Sales

JOHN ARCHIBALD

Sales Reps

BETH WILSON

sales@caledoncitizen.com

Annette Derraugh

Diann Gaston

Nancy Stenhouse

Business

Office Administrator

CHERYL PHILLIPS

admin@caledoncitizen.com

Janice Côte

Composing

Manager

KRISTEN HAIRE

Ad Designers

Penny Gilbertson

Joanne Radyk-Carrick

Lisa Rosati

Brian Valdock

Subscriptions:

\$37.50 + G.S.T. within 65 km
\$54.00 + G.S.T. beyond 65 km and
in towns with letter carriers

Printed by Central Ontario

Web Ltd., 705-733-1349

ADVERTISING RULES: The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by the portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liability for non-insertions of any advertisement beyond the amount paid for such advertisement.

All advertisers are asked to check their advertisements after first insertion. We accept responsibility for only one incorrect insertion unless notified immediately after publication. Errors which do not lessen the value of the advertisement are not eligible for corrections by a make-good advertisement. There shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement. We reserve the right to edit, revise, classify or reject any advertisement.

DEADLINES: Unfortunately deadlines do not allow us to take ads after the following specified times:

DISPLAY ADS and CLASSIFIED ADS: Tuesday 5 p.m.

All ads must be paid in advance by deadline or the ad will not run. WE ACCEPT VISA, MASTERCARD & AMEX PAYMENTS OVER THE PHONE.

The CALEDON CITIZEN is a member of the Ontario Press Council, an independent body set up by the newspapers of the province to uphold freedom of expression and deal with complaints from readers. The Press Council encourages complainants to first give the newspaper an opportunity to redress their grievances. If not satisfied, they may then write to the Council, enclosing a copy of material that is the subject of the complaint, at 80 Gould St., Suite 206, Toronto, ON M5A 4L8.



Editorial

If the Canadians have a role to play in Afghanistan, then so be it

We concede that it's very easy to sit back and abstractly comment on whether Canadian military personnel should be deployed in a place like Afghanistan, or whether that mission should continue.

It's even easier when one doesn't have a loved one on the ground in a place like Kandahar, constantly living in harm's way.

But it would also be very easy to sit back and say Canada should not be involved in this operation at all, and advocate pulling our troops out of there, letting someone else worry about what goes on in that country so far away from our shores.

We would, however, argue that such sentiments would have made a lot more sense had they been expressed Sept. 10, 2001, or prior to that.

Thoughts like the ones we have outlined are sure to be raised as people react to last week's report from the independent panel on Canada's future role in Afghanistan, chaired by former Liberal cabinet minister John Manley.

The report recommended that Canadians continue their participation in Afghanistan beyond February 2009, when the country's current commitment is due to expire. But it also said that Canadians should concentrate more on training local forces, and having other allied countries carry a greater burden in the combat part of the operation.

Many Canadians have died because of this operation, and many more have been seriously injured. We submit that very few Canadians could think about that reality without feeling a deep sense of sorrow.

But it is true that we have a military for a reason; a reason that is dictated by geo-political realities.

As the panel's report reminded us, earlier in this decade, Afghanistan was in large part ruled by the Taliban, which offered shelter to Al Qaeda. And it was from Afghanistan that Al Qaeda leaders planned and directed the massive terrorist attacks on the United States Sept. 11, 2001. That was not only an outrage against our American neighbours, but against every civilized country, government, regime and individual in the world. Since that terrible day, there have been terrorist attacks against other countries, like Spain and Britain. And Canadians have no business even briefly believing that we are somehow immune to such actions.

That is why it would be inappropriate for our military people to just pack up and go home.

Let us also not forget that Canadians are taking part in an operation that has been sanctioned by the United Nations, led by NATO and approved by Afghanistan's own elected government. This is not a case of Canadians being pushy, but rather a case of Canadians responding to a call.

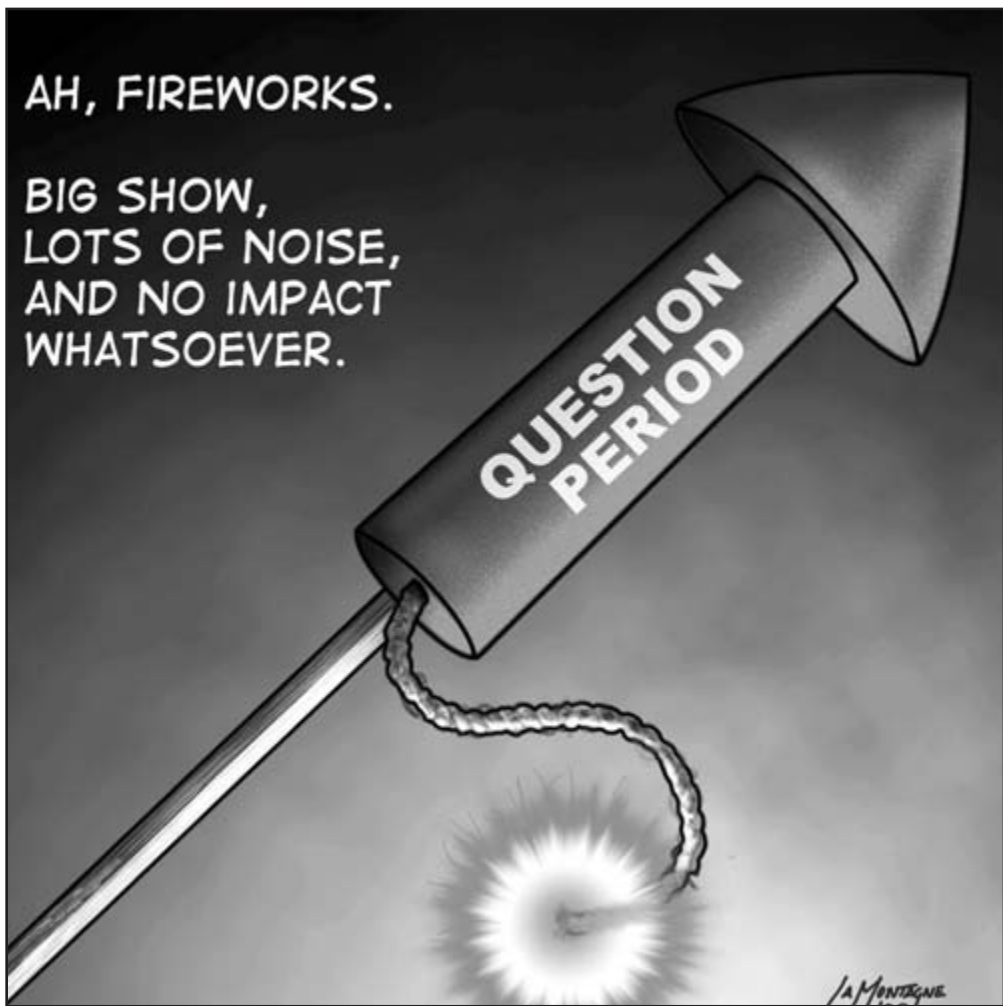
Responding to such calls is part of the Canadian tradition.

And as Dufferin — Caledon MP David Tilson pointed out, we have international obligations.

"We made a commitment to support NATO," he said. "We're there because we're part of NATO."

There could be an argument that Canada is carrying more than its share of the combat weight. The panel's report did indicate that, and urged the government to get other allies to step up. We agree that Canada cannot and should not be expected to do the job on its own.

But there is a job to be done in Afghanistan, and until it's completed, Canada has its part to do.



I usually lose some snooze

We're reading and hearing a lot about sleep deprivation these days.

It seems a lot of people suffer from this problem, some to greater degrees than others. Indeed, it's been mentioned as a possible contributing factor to last week's tragic and untimely death of actor Heath Ledger.

Now I don't profess to be an expert on sleep issues, so please don't cite anything you read here as being authoritative. I'm just one of several billion people in this world who try to sleep a lot, sometimes with more success than others.

It's been many years that I have found I have been able to operate with relatively little sleep, compared, say, to my wife. She generally retires for the night earlier than I, and on mornings when neither of us have to get up (weekends, holidays, etc.), I invariably am up and going a good hour ahead of her. That's one of the things about me that I think surprises my wife.

There have been plenty of times that work demands have kept me awake until well after midnight, with the knowledge that I had to be up at 5 in the morning. And I'm usually able to rise (pun fully intended) to the occasion.

"I don't know how you do it," a very sleepy Beth sometimes mutters as I tiptoe about the house, trying to get my self dressed and ready without waking her (I seldom succeed, but I do try — honest!).

I don't know how I get by on so little sleep either, but I somehow accomplish it, and perhaps there are just some



Bill Rea

things in life that were never meant to be explained.

It wasn't always that way with me.

As a kid, I had a terrible time getting up in the morning, and was usually grumpy as hell when I was finally able to make myself vertical. My parents, (father especially) used to tease me mercilessly over that, creating a collection of not-so happy memories. That's especially the case when I reflect that my dad was no load of laughs when he was tired.

Like most kids, I liked staying up late, and I think I was like most kids when dreaded getting up. But there are certain things one has to do, so you do them.

I've heard it said that the need for extra sleep is part of the developing process as one passes from youth to adulthood, so my inability to be pleasant first thing in the morning was possibly more biological than anything else (again, I'm no expert). Besides, there are some people (such as those who have had the pleasure of working with me) who might argue that I'm a full-time grump, no matter how much sleep I've had.

It's not easy being me. And my troubles getting up in the morning persisted until well after I could claim youth as an excuse.

I waited tables for a couple of years, working nights, getting home at about 1 a.m., maybe watching TV and unwinding until about 2, and sleeping until noon. It was a great life, but probably not too healthy, and certainly not very productive.

But even well into my 30s, I had trouble with oversleeping. By this point, my mother and father were not there to make sure I got up. Indeed, knowing the hours I was keeping once I got into this line of work, they often encouraged me to sleep in if I could, even mornings when I had to get to work.

I found a very surprising remedy to cure my oversleeping. I stopped using an alarm clock.

I discovered this sort of by accident. Not long after my father died (I was 34 at the time), I found I was waking up in the middle of the night a lot. In an effort to find some diversion that was not too upsetting, I turned my clock-radio on to get some music, setting it to go off on its own after an hour. The complication was if I had the unit set to play the radio, it's the radio that would come on in the morning, not the alarm. No matter, if it would help with the immediate problem, I figured it was worth going for. Besides, this was before I was married. I was living alone, so there was no one to bother but me.

Not only did it help me get back to sleep in the mid-

See 'You' on page 7